

# WANTED



## **POLICEMAN'S HELMET** *Impatiens glandulifera*

Policeman's helmet is a weed that grows in moist soil along riverbanks. It was first seen along the Necanicum River and its tributaries in 2013. Since then it has spread widely in the Necanicum watershed, pushing out native plants that wildlife depend upon for food and shelter.

### **IF YOU SEE IT:**

## **1. PULL**

*Pull it out by the roots. It grows in moist soil and is easy to uproot.*

## **2. PILE**

*Make a pile of uprooted plants, preferably on a paved or gravel road.*

## **3. STOMP**

*Step on plants to smash the stalks. If plants have already gone to seed, collect seed pods and safely discard.*



NORTH COAST  
LAND CONSERVANCY



OWEB



Necanicum  
Watershed  
Council